

## **Foundation Paper Piecing – Supply List:**

- **Paper for the patterns**
  - o [Copy paper](#) – 100% recycled multipurpose paper (thinner and more pliable than non-recycled paper; Carolyn Friedlander’s choice; durable, though hard to rip off at the end of the project; good for larger shapes)
  - o [Carol Doak’s Foundation Paper](#) (easy to work with and remove; expensive)
  - o [Newsprint](#) (slightly thinner than quilting foundation paper; much cheaper) - recommended for most FPP
  - o [Vellum](#) (transparent, but delicate)
  - o [June Taylor Perfect Piecing Paper](#) (sturdy and transparent; expensive; does not need to be removed; great for tiny piecing and detail work)
- **Rotary Cutter**
  - o Recommended – 28mm rotary cutter (easier for small projects)
  - o You may also want a separate rotary cutter just for paper, since it dulls the blade
- **Cutting Mat**
- **Ruler**
  - o Recommended – [Add a Quarter Plus](#)
  - o For projects with tight seams, use an [Add an Eighth Plus](#)
  - o You can also use a regular ruler or the original Add a Quarter/Eighth ruler
- **Thread**
  - o 50wt cotton - good for most projects
  - o 80wt is recommended for small piecing
    - Aurifil – 80wt cotton
    - Decobob (Wonderfil) – 80wt polyester
- **Extrafine Seam Ripper**
  - o FPP uses a smaller than normal stitch length, so you will need a sharp seam ripper
- **Pressing tool**
  - o [Seam roller](#) (good for tiny piecing)
  - o [Mini iron](#)
- **Basic Sewing Supplies** (pins, scissors, etc.)
- **OPTIONAL:**
  - o [Lightbox](#)
  - o [Glue Stick](#)
  - o [Purple Thang](#) or tweezers – helpful for removing paper at the end of the project

### **Tips:**

- Use short stitch – 18-20 stitches per inch. The stitches should be tight enough to perforate the paper for easy paper removal, but not so tight that seam ripping becomes impossible.
- Use an 80/12 or 90/14 universal or sharp needle.
- When sewing, stitch two or three stitches beyond the drawn line. This allows the next line of stitches to lock the previous line of stitches in place.
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  - o You may also want a separate rotary cutter just for paper, since it dulls the blade
- **Cutting Mat**
- **Ruler**
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  - o 80wt is recommended for small piecing
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  - o FPP uses a smaller than normal stitch length, so you will need a sharp seam ripper
- **Pressing tool**
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- **Basic Sewing Supplies** (pins, scissors, etc.)
- **OPTIONAL:**
  - o [Lightbox](#)
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  - o [Newsprint](#) (slightly thinner than quilting foundation paper; much cheaper) - recommended for most FPP
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